



# Activity Holidays

- 2009 Booking Form -

Welcome to your Activity Holiday at La Serena!

To Book: simply complete this form and email, fax or post it to us – contact details below. Please ensure you keep a copy for yourself!

<b>Name(s):</b>	<b>Please indicate who is a participant* in the Activity Holiday and who is a companion*:</b>
1.	
2.	
<b>Home Telephone:</b>	<b>Email address:</b>
<b>Mobile Telephone:</b>	<b>Home Address:</b>
<b>Holiday dates (from/to):</b>	<b>Activity Holiday Name (e.g. 'Umbrian Food &amp; Drink' or 'Curtains and Soft Furnishings')</b>
<b>What I/we would particularly like to achieve on this holiday:</b>	

\*A **participant** takes part in the whole holiday, whereas a **companion** is welcome on appropriate trips or to make their own holiday arrangements.



A deposit of 50% of the full holiday cost is payable upon booking – details for payment methods will be sent to you upon receipt of your booking form. Your booking is confirmed upon receipt of this deposit.

The full programme and exact details of your Activity Holiday will be sent 4 weeks before you arrive – when the remaining balance will be due.

La Serena, Loc. Monticelli, 06072 Castiglione della Valle, Perugia, Italy  
Tel/Fax: +39-075-878-7429 Email: [holidays@laserenaumbria.com](mailto:holidays@laserenaumbria.com)  
[www.laserenaumbria.com](http://www.laserenaumbria.com)



# Activity Holidays

- 2009 General Information -

All La Serena Activity Holidays offer fully interactive participation and are exclusively for a maximum of six participants.

Holiday	Participant Prices*		Companion Prices*	
	5-day holiday	8-day holiday	5-day holiday	8-day holiday
<u>Italian Cookery</u>	€850	€1360	€450	€720
<u>Umbrian Food &amp; Drink Experience</u>	€850	€1360	€450	€720
<u>Dressmaking &amp; other Needlework</u>	€850	€1360	€450	€720
<u>Making Curtains &amp; Soft Furnishings</u>	€850	€1360	€450	€720
<u>Cycling in Umbria</u>	€850	€1360	€450	€720
<u>Sightseeing &amp; Culture in Umbria</u>	€650	€1040	€400	€640
<u>Walking in Umbria</u>	€650	€1040	€400	€640

- \*Participant Prices are per person and include luxury accommodation, tuition fees & appropriate materials, delicious meals, escorted trips and entrance fees.
- \*Companion Prices are per person and include luxury accommodation, delicious meals and appropriate trips.
- Costs of flights and airport transfers are not included. We can provide transport from/to Perugia Airport, Perugia or Chiusi Railway Stations at economical prices.
- People with special needs (including wheelchair users) will be included in all activities as much as is possible – specially adapted accommodation is available.
- A 5-day holiday includes 4 dinners and 4 breakfasts, plus 3 full days of activities. An 8-day holiday includes 7 dinners and 7 breakfasts, plus 6 full days of activities. Extra nights can be booked (upon availability) at our normal B&B rates.
- The main language used is English (or Italian with English translation).
- The Activity Holidays are planned to be fun and relaxing. Specific Skill and Fitness levels are indicated in the individual activity brochures.

Book a group of friends to come with you  
– for a special occasion or just for fun!

La Serena, Loc. Monticelli, 06072 Castiglione della Valle, Perugia, Italy  
Tel/Fax: +39-075-878-7429 Email: [holidays@laserenaumbria.com](mailto:holidays@laserenaumbria.com)  
[www.laserenaumbria.com](http://www.laserenaumbria.com)

