



La Serena Activity Holiday

- Italian Cookery Made Easy -

'Cook your Way around Umbria'!

Fancy a holiday with a difference? Want to learn how to cook delicious Italian food for your friends and family?

Enjoy learning how simple it is to cook Italian food for a group of people! Absorb yourself in 'La Cucina Italiana' whilst staying in the welcoming luxury of La Serena.



Join us on a scrumptious tour of discovery! Non-participating guests are welcome - to enjoy interesting sights or for pure relaxation..

**Tuition is provided in English
Skill level: Beginner to experienced home cook
Ideal for family, friends or business group holidays**

An Example 5-day Holiday Schedule:

Wed:	Arrive at La Serena to be welcomed by Steph & Derek with a complementary drink. Meet your Activity Holiday colleagues and our resident chef, then relax at your leisure, ready for a traditional Italian four-course dinner at La Serena. You will learn how to cook this meal for your own family or friends.
Thurs:	Enjoy an extensive La Serena buffet breakfast, then take a trip into Perugia to experience the extensive food market. After lunch, learn how to prepare antipasti (starters). Dinner at a local Pizzeria.
Fri:	After your La Serena breakfast, learn how to cook primi piatti (pasta & rice). After lunch, enjoy a trip to specialist delicatessen shops sampling salumi (cured meats) and cheeses. Dinner at a local traditional Trattoria or with a local Italian family.
Sat:	After your La Serena breakfast, learn how to cook secondi piatti - meat and/or fish. Dinner at La Serena - which you have cooked yourselves!
Sun:	Enjoy a leisurely La Serena breakfast, say reluctant goodbyes and head for home.



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La Serena Activity Holidays can often be extended to include a further 3 days of trips and relaxation.

Trips can include Fishing on Lake Trasimeno, with learning how to cook delicate fish; visiting other markets and supermarkets; and a demonstration on how Umbrian cakes are made.



It is also an opportunity to sample a wider range of local restaurants for dinner or lunch - together with exploring a few of the local historic villages and towns.



Your accommodation will be in one of the La Serena luxury Guest Rooms - all inclusive within the cost of your Activity Holiday - see the Booking Form for price details or take a look at www.laserenaumbria.com.

All transport for trips etc. is provided in the holiday cost. No need to hire your own car making your holiday even better value for money and environmentally friendly.

Group Bookings: If you book a group holiday, an exclusive schedule can be tailored to your specific requirements

To Book: simply complete the Activity Holiday Booking Form and email, fax or post it to us. A deposit of 50% of the full holiday cost is payable upon booking - details for payment methods will be sent to you upon receipt of your booking form. Your booking is confirmed upon receipt of this deposit.

The full programme and exact details of your Activity Holiday will be sent 4 weeks before you arrive - when the remaining balance will be due.

