



Accessible Holidays



There is so much to do and see in Umbria, you will want to stay for a month!

Umbria is a stunningly beautiful region of Italy, rivalling nearby Tuscany. Richly deserving its 'Green Heart of Italy' nickname for the verdant hillsides, lush valleys, densely wooded forests and beautiful dreamy lakes. Although Italy is not well-known for its response to people with disabilities, Umbria has numerous sights and experiences that are accessible - even if you need to use a wheelchair.



Your home-from-home in The Green Heart of Italy



New-style comfort, old-style hospitality with beautiful, adapted accommodation!
Steph & Derek welcome you to La Serena

www.laserenaumbria.com
email: holidays@laserenaumbria.com
tel/fax: +39 075 878 7429



"We have really enjoyed our stay, everything was so easy and the facilities were perfect for a wheelchair user. The hospitality was very warm and welcoming and the food was excellent. We will tell all our friends and families - and we will return ourselves."

Laura & David

In delightfully peaceful countryside, La Serena is within easy reach of:

- atmospheric - and accessible - cities & villages like Perugia, Todi, Gubbio, Orvieto
- one of the largest lakes (Trasimeno) with 9 beaches and a lido, and good access
- for children: water park, animal park, caves, dinosaur park, indoor & outdoor play parks, roman village & fossil park, Perugia monorail & beaches
- arts and crafts: Majolica ceramics, island lace, Assisi embroidery, glass, olive-wood carving, wrought-iron work, painting, sculpture and weaving
- wonderfully scenic driving routes with breath-taking views



Absorb yourself in traditional Umbrian festivals:

Umbria Jazz, Euro-Chocolate, Trasimeno Blues, Kite Championships

Antiques markets, Classical music, Truffle, Oil & Wine Events - plus countless local village festivals to experience quintessential Italian village life - many with accessible facilities

So many other wonderful places to visit

It's your choice!



"We set Derek and Steph a real challenge - 11 of us for a week to celebrate a special birthday. La Serena was perfect - comfortable rooms and en-suites, including the accessible suite, perfect for the two children in wheelchairs and their Mum. The swimming pool, complete with fun equipment and sun loungers. All our pre-planning and travel worries faded into nothing as we arrived at sunset to a welcome drink and meal on the terrace - and the week just carried on getting better..."

Hilary, Rob, Tania, Colin, Graeme & families

● Florence



● Rome

La Serena is easily reachable from:

- Perugia Airport & Train Station (30 mins or less)
- Chiusi Train Station (30 mins)
- Roma Ciampino or Fiumicino Airports (1.5 hours)
- Florence, Ancona or Pisa Airports (2 to 2.5 hours)

Car hire is available at all these Airports and Train Stations. Detailed driving and train directions available via email or as downloads from our website.



For the latest availability, prices & reservations:

www.laserenaumbria.com

email: holidays@laserenaumbria.com

tel/fax: +39 075 878 7429

Steph & Derek Mather
La Serena, Voc. Capannella
06072 Castiglione della Valle
Perugia, Italy



Relaxation and comfort are guaranteed at La Serena, in your beautiful suite, adapted for wheelchairs and complete with a huge en-suite wet-room and private terrace, direct from your car!



We aim to make your holiday peaceful, happy and worry-free, extending the Umbrian tradition for excellent food. Chef Derek prepares delicious Italian dinners, upon request, that have 'a little twist' on the purely conventional - served in our wheelchair-friendly dining room or fully accessible front terrace.



Cilegia Suite - ground floor



Huge accessible shower-room



Wet-room shower & wheelchair



Relaxing pool area at sunset

La Serena is a non-smoking Guest House, with a covered smoking area in the garden.



All these extras are included free of charge:

- Welcome drink on arrival
- In your suite: tea/coffee facilities, hairdryer, luxury towels & bathrobes; complimentary toiletries, alarm clock, guest information folder
- In your suite: pull-down clothes rail, hand-grabber, portable grab-bars, lots of extra space
- Large swimming pool with easy access, use of swimming towels, sun-loungers & chairs
- Sun terrace, gazebo, sun-bathing areas for privacy or chats
- Guest dining room with fridge, microwave, hot & cold drinks available all day - table adapted for wheelchairs
- Guest lounge with satellite TV & DVD, Wii & games
- Free broadband Wi-Fi in most areas + safe for valuables
- Private off-road parking directly accesses from your suite
- Large range of equipment for babies & toddlers
- Suggestions for accessible outings, activities and places to see - with maps, guidebooks and driving routes
- Help with speaking Italian!

And further optional extras:

- Delicious gourmet dinners, with drinks by arrangement
- Holiday itineraries designed just for you, including restaurant, museum, event, or festival reservations
- Escorted trips with driver, or in your own car
- Selection of packed lunches for day trips
- Transfers to/from Perugia Airport, Perugia or Chiusi Train Stations (others if availability allows)
- Massage & beauty treatments at La Serena
- Tasting trips: Cheese, wine, oil & cured meats
- Flowers / fruit bowls / prosecco / chocolates by arrangement

Your comfort is our goal!



Dining room - ground floor



Breakfast Special each day



Dinner on the Sun Terrace



Shady Gazebo to enjoy the view

"Since John's accident 2 years ago we had been looking everywhere for a genuinely accessible accommodation with throughout wheelchair access, spacious bedroom, a wet room... and a shower chair! We found all that and more here at La Serena. From booking to departing, Derek & Steph saw to everything. We have had a most luxurious, relaxing and sociable week, thank you so much." John & Theresa